

The Police Athletic League of Hallandale Beach offers a variety of youth sports throughout the year. Participants and coaches are involved in various athletic programs including:

- **BASEBALL**
- **BASKETBALL**
- **BOXING**
- **CHEERLEADING**
- **FOOTBALL**
- **KID'S FIT PROGRAM**
- **SOCCER**
- **TRACK AND FIELD**

For more information on how to participate, volunteer or sponsor please visit our website at www.hallandalebeachpal.com or call our office at (954) 457-1466.



POLICE ATHLETIC LEAGUE of HALLANDALE BEACH
410 SE 3rd STREET
HALLANDALE BEACH, FL 33009
(954) 457-1466 - OFFICE
(954) 456-1467 - FAX
www.hallandalebeachpal.com - WEBSITE



**"Cops & Kids Together Filling
Playgrounds, Not Prisons"**

**ABOUT PAL of
HALLANDALE BEACH**

The Police Athletic League of Hallandale Beach was founded in 2004 and that year 125 children participated in our various programs. PAL has increased its enrollment yearly and is currently serving close to 1,300 participants and utilizing 150 volunteer coaches in various athletic programs.

PAL is dedicated to programs that offer kids from 5 to 18 years of age the opportunity to participate with positive role models. Youths are given the chance to risk success and failure on a playing field without drugs or guns and violence.

Our police officers and staff are encouraged to foster a closer relationship with the youths, encouraging close cooperation to build understanding, respect, and trust.



PAL of HALLANDALE BEACH BOXING

The PAL Boxing Program is offered to all children 7 to 17 years of age.



The Program is designed to give children the opportunity to learn the skills of boxing in a safe and secure environment. Children will be taught the importance of physical fitness so they can reduce their body-weight, improve health and self esteem. The program will be run by certified U. S. A. Boxing Instructors, with the assistance of Hallandale Beach Police Officers.



The program will run year round on Mondays, Wednesdays and Fridays from 5PM-6:30PM. All participants will be registered with PAL at the Cultural Community Center, 410 SE 3rd Street, Hallandale Beach, FL 33009



The cost of the program will be \$25.00 per month for verified Hallandale Beach residents and \$50 for all non-residents due on the first day of each month and made payable to PAL.

BOXING CENTER:

NEW LOCATION!

OMNI COMBAT FITNESS CORP.
360 NE 1st Avenue
HALLANDALE BEACH, FL 33009
(954) 843-1000

REGISTRATION INFO:

THE FOLLOWING INFORMATION IS REQUIRED AT TIME OF REGISTRATION:
ALL FORMS ARE AVAILABLE TO DOWNLOAD AT www.hallandalebeachpal.com
OR CAN BE PICKED UP AT THE CULTURAL COMMUNITY CENTER.

- REGISTRATION FORM
- SCHOOL PHYSICAL FORM
- REGISTRATION FEE
- BIRTH CERTIFICATE
- CODE OF CONDUCT
- CURRENT REPORT CARD

Name _____
Address _____

Phone _____

**POLICE ATHLETIC LEAGUE
OF HALLANDALE BEACH**



GLOVES NOT GUNS

PAL of HALLANDALE BEACH
CULTURAL COMMUNITY CENTER
410 SE 3rd STREET
HALLANDALE BEACH, FL 33009

Phone: 954-457-1466
Fax: 954-457-1467
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